



SOUTHERN CROSS/4 PROVINCES FEIS 2021

Registration # 9028/21



DATE: Sunday 5 December, 2021

VENUE: Penrith Gaels Cultural Sporting Club, 75 Richmond Rd, Kingswood

ADJUDICATOR: Elizabeth Lewis S.D.C.R.G

FEIS ENTRY: \$15 per graded dance Premierships \$40 \$15 Set Dance competition
For families of 3 or more dancers a 20% discount applies

VENUE FEE: \$15 per family (payable with entry fee)

CLOSING DATE FOR ENTRIES 22 NOVEMBER 2021

Return your entry form to: curriehendersonfeis@gmail.com
Direct Debit: BSB: 062189 A/C: 10500831

IT IS THE RESPONSIBILITY OF THE PARENTS OF THE PERPETUAL TROPHY HOLDERS TO RETURN THEM TO MISS JAN ONE WEEK BEFORE THE COMPETITION

- This Feis is conducted under the rules and regulations of An Coimisiun Le Rince Gaelacha (CLRG) and the Australian Irish Dance Association Inc. (AIDA. inc.) which can be found at www.aidainc.com
- Parents must be responsible for children on club premises at all times
- Although all care will be taken to provide a safe stage surface, all dancers compete at their own risk
- The Feis will be conducted with NSW Government COVID safety restrictions applicable at that time
- All Feis attendees will be required to sign into the Club and check in with your QR code on arrival
- Please detach form here and return to: curriehendersonfeis@gmail.com with payment advice

ENTRY FORM – Graded sections (please circle dances) \$15 per dance			
BEGINNERS SECTION: <i>(BUN-GHRAD)</i>	JIG	REEL	EXTRA JIG
PRIMARY SECTIONS: <i>(TUS-GHRAD)</i>	JIG OR HORNPIPE	REEL OR SLIP JIG	
ELEMENTARY SECTIONS: <i>(ELEMENTARY-GHRAD)</i>	JIG OR HORNPIPE	REEL OR SLIP JIG	

PREMIERSHIP (please circle dances) \$40		
AGE:	JIG OR HORNPIPE	REEL OR SLIP JIG
OPEN SET DANCE SECTION \$15 AGE:		
SET DANCE:	SPEED:	

NAME: _____ Male/Female (please circle) AGE: _____ (as at 1/1/21)

STUDIO: _____ AIDA Registration # _____ GRADED FEE: _____

PARENT/GUARDIAN SIGNATURE: _____ PREMIERSHIP FEE: _____

VENUE FEE: **\$15 per family**

TOTAL: _____

Southern Cross/4 Provinces Feis

2021 Rules & Regulations

The following rules should be read and the rules upheld by ALL teachers, dancers, parents and spectators at the Southern Cross/4 Provinces Feis:

1. Competitors must be pupils of Registered Teachers with CLRG who are also registered with AIDA NSW and AIDA Inc for the year 2021.
2. Competitors must be registered with AIDA NSW for 2021.
3. Entries must be submitted & fees paid by the due date.
4. All competitors must be ready to commence their section at least 30 minutes prior to the scheduled start time.
5. All competitors must be in the marshalling area prior to the commencement of their sections.
6. The organisers reserve the right to amend the order of dances at any time.
7. In the case of a tie, there will be no dance off. Competitors in the next position will move back a place.
8. Competitors will be required to dance to music supplied by the organisers.
9. If there is a problem with music the dancer will be permitted to re-dance.
10. If a dancer loses a heel or a complete shoe, he/she may stand back allowing the other dancer to continue dancing uninhibited. Such a dancer will then be allowed to re-dance.
11. Should a dancer bump, slip or fall, they may re-dance at the adjudicator's discretion.
12. No block, en point, stationary or moving is allowed to be performed for all ages up to and including the 11 years and under age groups.
13. If a dancer falls the adjudicator must ring the bell. The dancer will be permitted to re-dance at the adjudicator's discretion.
14. In graded sections, competitors are required to perform correct standard of work as set out in the AIDA Inc Competitions Rules and Regulations.
15. Make-Up and Fake Tanning (including false eyelashes and tanner on the face) will not be permitted for any Dancer in Beginner or Primary for 11 years and under.
16. Dancers competing in Beginner Grade may only wear Team costume, skirt and top with no sleeveless tops permitted. Solo costumes and wigs are not permitted in Beginners. Boys may wear shorts / trousers / kilt and shirt. Dancers competing in the Beginners sections must abide by the Beginner costume rule.
17. The decision of the adjudicator is final.
18. To receive prizes or awards, competitors must be in full dancing costume including shoes.
19. Costume dress necklines must be of collar-bone level or above. This does not preclude the use of alternative fabrics eg lace as an insert where chiffon or lace material is used as sleeves, the sleeves must start at the shoulder line and end at the cuff.
20. Appropriate underwear must be worn. Where tights are worn they must be of a denier not less than 70.
21. In accordance with our obligations under the Protection policy, dancers are reminded to wear appropriate dress at all times whilst at the Feis (especially in the auditorium area). NB This means for that shorts / skirt must be worn over leotards at all times.
22. The use of artificial arm aids are not permitted
23. Competitors enter at their own risk regarding injury. The organisers will not accept any liability for injuries sustained. Lodgment of an entry will be deemed to be an acceptance of this provision by a dancer.
24. Lodgment of an entry shall be taken to signify that the Teacher, Parent and Pupils concerned accept these rules in full and agree to strictly abide by them.

Southern Cross/4 Provinces Feis 2021

COVID-19 Safety Plan

All policies are subject to change in line with current NSW State Government directions.

The organisers are committed to providing a safe environment for all dancers and their families that is compliant with the NSW State Government regulations current at the time of the Feis.

- All attendees will be required to provide their name and phone number on the entry form for contact tracing
- All attendees must sign in using the NSW Service QR Code on arriving at the Club.
- Anyone who is unwell should not attend. Any person with cold or flu symptoms, fever, runny nose etc., may have their temperature checked and be refused entry.
- Posters detailing correct hand hygiene, cough etiquette and social distancing requirements will be displayed throughout the Penrith Gaels Irish Club.
- Hand sanitiser will be supplied and should be used on entry to the venue.
- Social distancing will be enforced in line with current NSW Government restrictions.
- Dancers are encouraged not to share items such as sock glue or make up.
- Social distancing will be expected from all who attend at all times. This will include the dancers during marshalling and presentations.
- The number of attendees per session will be restricted due to the capacity of the venue and in line with current NSW Government restrictions and will be advised closer to the event date.
- Participants will be required to leave the stage area immediately once the presentation is completed.
- Each session will be danced and completed, and awards presented. Dancers and parents will then be asked to leave the venue.
- The seats and high use areas will be wiped down and sanitised in between each session before the attendees of the next session can enter.
- Venue directions for entry & exit points will be strictly adhered to.
- Appointed Covid Marshalls will be present during the event and if at any time you are found to not be obeying the Covid Guidelines in place you will be ejected from the venue.
- Do not attend if you or anyone in your household is are unwell for any reason, if you or someone with whom you had contact with has a known or suspected case on COVID-19 even if you are asymptomatic, or:
 - have been asked by someone else to self-isolate
 - have any cold or flu-like symptoms